

Some people say that the best way to improve public health is by increasing the number of sports facilities. Others, however, say that this would have little effect on public health and that other measures are required.

Discuss both these views and give your own opinion.

- These days, the level of public health in modern societies ~~has~~ ~~have~~ decreased more than previous years. Some believe ~~in to~~ ~~providing~~ many sport facilities to improve public health but others think it would have little effect on their health. Now I would like to discuss it in more depth.
- To many, stressful working conditions and sedentary lifestyles cause ~~that~~ physical activity ~~to has~~ ~~declined~~ from our issues and ~~leisure~~ ~~leisures~~. Basically, sport facilities ~~create is constructed many~~ desirability for ~~different age groups~~ ~~ages~~ so families can utilize many tools which are ~~present~~ ~~posited~~ in ~~the district~~ ~~localities~~ and parks. Not only ~~are they is it~~ efficient to use, but also ~~they are has~~ available for all.
- Certainly, one of the reasonable factors is ~~variety~~ ~~veriet~~ of sport ~~facilities~~ ~~facilities~~ if we ~~recall~~ ~~recollect~~ school times when some particular sports were imposed ~~on to~~ us but we ~~preferred~~ ~~would liked~~ to select different ones. That attitude ~~would was~~ offended kids. Meanwhile, it ~~is~~ possible to provide many pleasing conditions for them. They are not ~~interested in into~~ ~~wasting~~ time in front of TV while ~~playing a~~ soccer match is ~~more attractive~~ ~~attractiver~~. In addition, to many, our recent lifestyles and ~~time~~ ~~constraint/limited time~~ ~~little times~~ have caused ~~us not to that we did not~~ consider pros and cons. We have junk food and fast food in contrast with ~~nutritious~~ ~~nutriation~~ meals which are cooked in ~~the~~ house.
- Another important consideration is related to public transports. ~~On the In~~ other hand, we would rather drive ~~a~~ car although we realize using public transport is beneficial for us. All of these have harmful effects on our well-being.
- In my view, ~~although not only are~~ they ~~are attractive~~ ~~enthusiasm~~ equipments ~~but also~~ they are not sufficient ~~or enough~~. It can be justified as a good point ~~s~~, however, ways of life plays ~~a~~ vital roles in public health increasingly.

267 words

Too stressful a condition